





# MAGIC BEAN DISCOVERY JOURNAL



A tiny **bean** can grow into something amazing...  
Are you ready to discover the magic?

Let's explore 

*In this worksheet we will:*

-  plant a bean and watch how it grows
-  try an experiment and make a magical golden egg
-  move and stomp like a giant
-  create our own paper giant



**Download the worksheet  
and start your adventure.**



**Observe, experiment, move and create!**





# The Story of the Magic Bean

Once upon a time, there was a little boy. One day he received **magic beans**. People told him that if he planted them, something big and **magical** would grow.



The boy planted the bean in the ground and watered it every day. In the morning he woke up and the little bean began to grow into a plant that kept getting **bigger and bigger**.



## Plant Your Own Bean

### Materials:



a cup



cotton or a paper towel



a bean



water



scissors



glue stick

### Steps:

- Put the cotton into the cup and place the bean on the cotton.
- Pour a little water on it. Put the cup in a bright place.

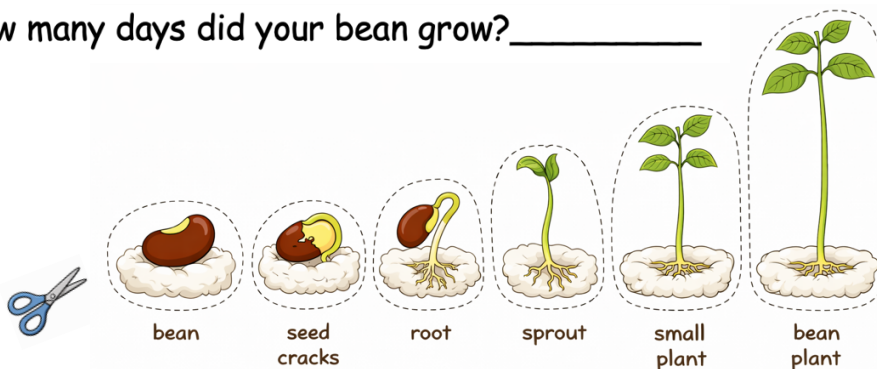


Watch every day how the bean starts to grow. Cut out the picture of the stage and glue it into the table, and write the date too. Watch how many days it takes for your bean to grow.

Date	Date	Date	Date	Date	Date
_____	_____	_____	_____	_____	_____



How many days did your bean grow? \_\_\_\_\_





In the morning, he woke up and the little bean began to grow into a plant that reached high into **the sky**, all the way to the **clouds**.

The little boy climbed the **giant beanstalk** to see what was at the top.

There he found a big castle in the sky.

Inside the castle was a magical **golden egg**.

“Can we make a magical egg too?” the boy wondered.



## The Giant's Golden Egg – Experiment

### Materials:



egg



glass



vinegar



### Steps:

- Put the egg in the glass.
- Pour vinegar over the egg.
- Wait for **24 hours**.
- Take the egg out and gently wash it.



BEFORE	AFTER
Draw the egg before we put it in vinegar.	Draw the egg after 24 hours in vinegar.

### Observation:

- What happened to the eggshell? \_\_\_\_\_
- How does the egg feel now? \_\_\_\_\_
- What surprised you the most? \_\_\_\_\_





Suddenly the giant came into the castle.  
“Fee-fi-fo-fum! I smell a little boy!” the giant said.  
The giant was huge and strong.  
“What would it be like to move like a giant?”  
the little boy wondered.



## Giant Activity

### Let's move like giants!

- 🟡 Giant steps - walk slowly with very big steps.
- 🟡 Giant stomps - stomp your feet like a heavy giant.
- 🟡 Giant reach - stretch your arms up high like a tall beanstalk



The giant looked down and saw the little boy. For a moment the boy was scared. But the giant did not look angry.



“I have been alone in this castle for many years,”  
the giant said softly.  
“I am happy to finally have a friend.”



And from that day on, the boy and the giant were friends in the castle above the clouds.

## Make Your Own Giant Friend

### Materials:



### What to do:

1. Cut out the giant pieces.
2. Color your giant.
3. Glue the head, body, arms and legs together.
4. Build your own paper giant.



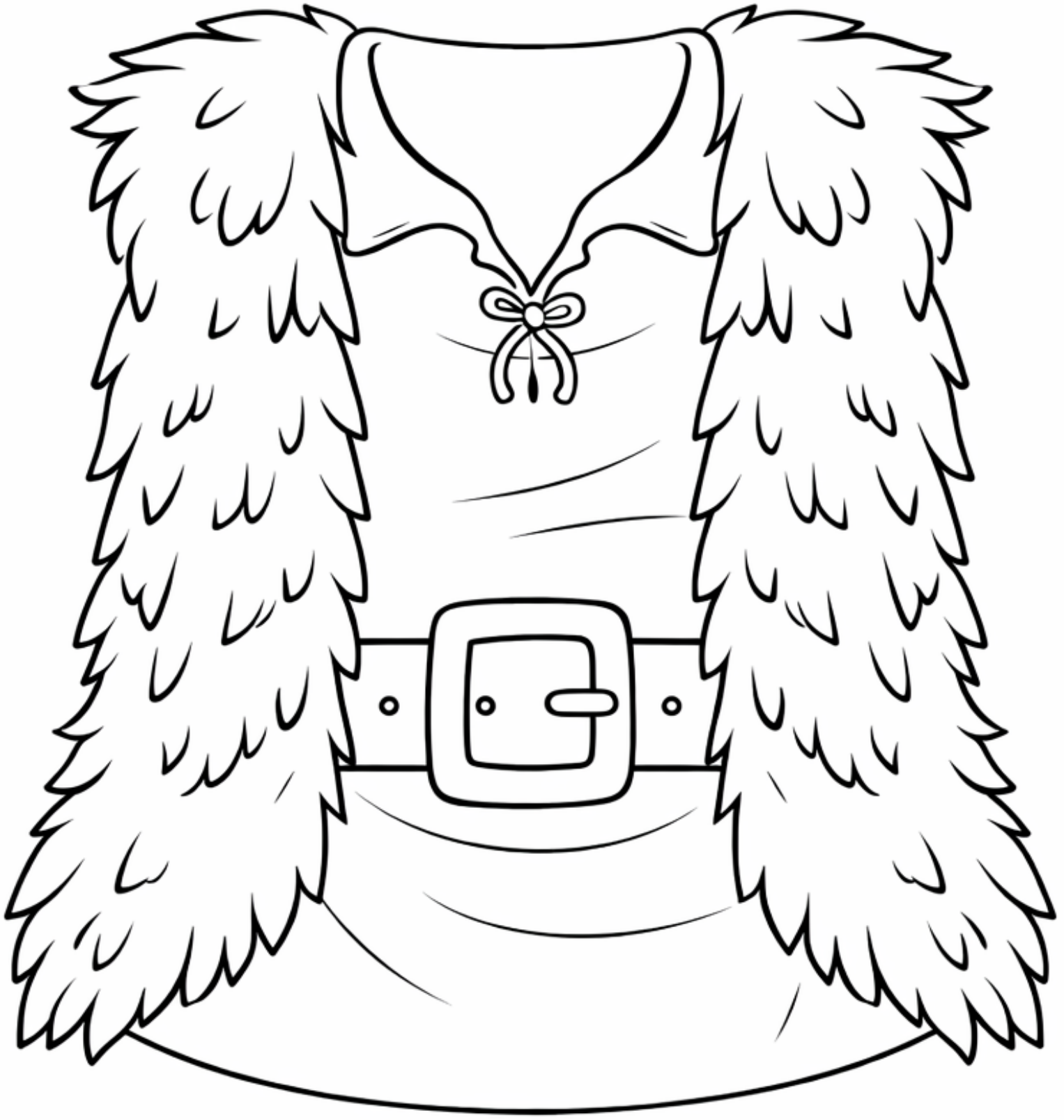
Optional: decorate your giant or give him a **golden egg** to hold

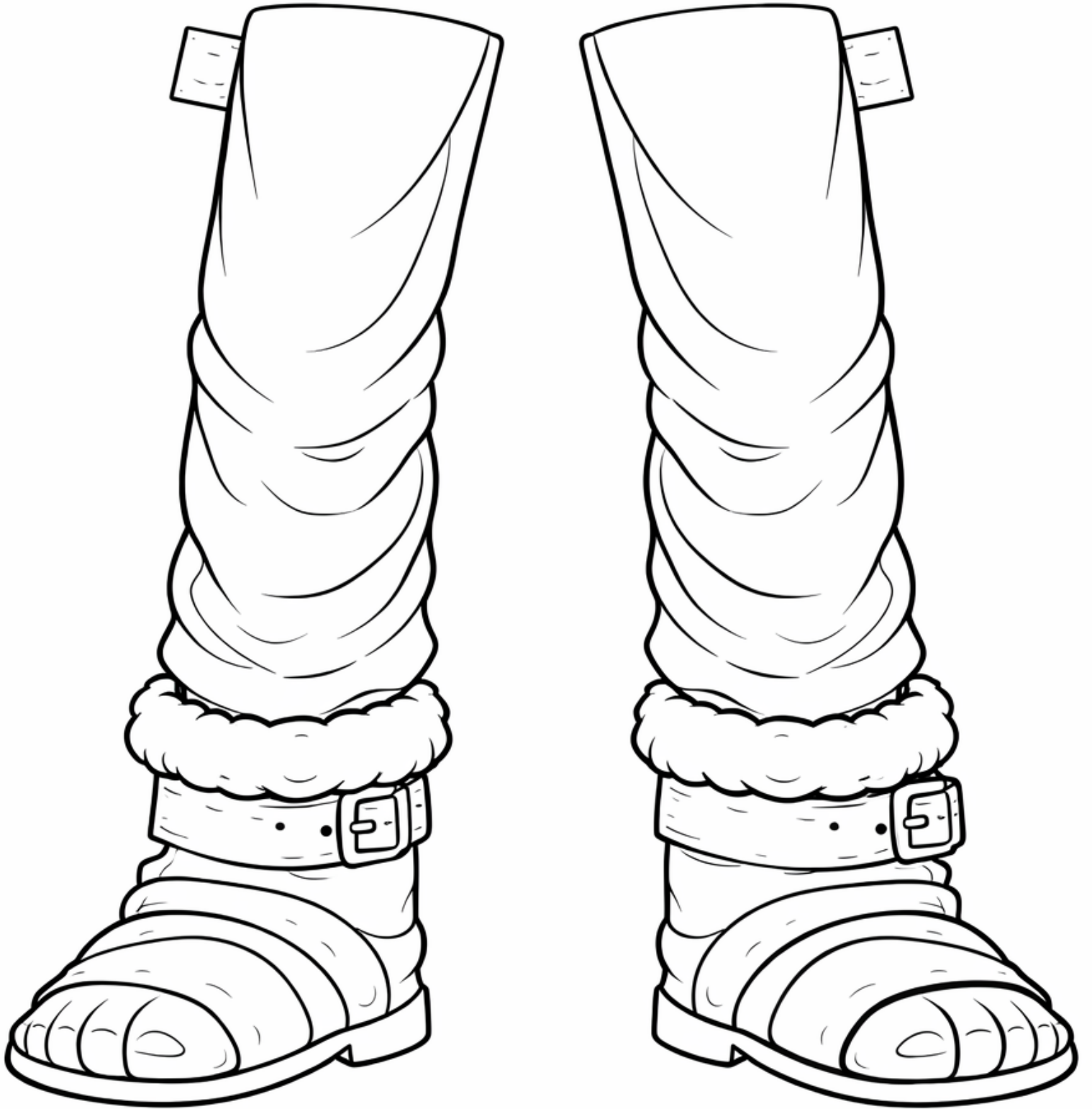


**Make me from paper and be my friend.  
Can you do it?**









# How to Use These Worksheets

Enjoy a playful learning adventure inspired by the story of Jack and the Beanstalk. In this worksheet, children will explore, observe, experiment and create.

First, plant a bean and watch how it grows over the next days. Observe carefully and notice the small changes as the plant begins its journey. Next, try a fun science experiment and turn an ordinary egg into a magical golden egg using vinegar. What do you think will happen?

Move your body and have fun by **walking, stomping and reaching** like a giant. Finally, use scissors, glue and crayons to **create your own paper giant** and make a new friend.

Learning through play helps children understand how nature works while encouraging curiosity, creativity and observation.

Have fun exploring, experimenting and creating!

## Recommended Tools

- a cup
- a bean
- an egg
- vinegar
- a glue stick
- a pencil
- cotton or a paper towel
- water
- a glass
- scissors
- crayons



I would love to see how your discoveries went. Feel free to share photos or videos of what you found. Thank you for sharing and for your support!

Thank you for respecting the copyright.

These worksheets are for personal exploration and learning only and may not be redistributed or sold.

© 2026 Weekend Nature Discovery